



OCTOBER 2010



Our Monthly Newsletter

ATA Martial Arts

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Leadership is how you face your challenges rather than the challenges you face.
- Mr. Pedro Tãnger



Pictured: Patricia, Donnie, Tristan, Jennifer, Isabella, Ethan & Kushal - Leadership students in front of our 300+ food donation for The Flemington Food Pantry. We also raised \$700+ for The Valerie Fund. They didn't stop here - these students even stocked the food pantry shelves!



Pictured: Jennifer Barnickel, green belt, shows off her medals with Grand Master Soon Ho Lee and his wife, Mrs. Lee in Panama City, Florida.



Pictured: Head Instructor, Mr. Snow, sits in the dunk tank to raise money for The Valerie Fund!

Student's Section

Taekwondo Graduation/Promotion

Eligible students should report 10 minutes before their designated time on Friday, October 29. Refreshments and cake will be served! No classes this day.

All Tiny Tigers 6 PM

All Beginner Belts 6:30 PM

All Advanced Belts 7:00 PM

BB Testing & Midterms 7:30 PM

Times are approximate.

Life Skill: Goals in the Community

The Life Skill for October is Goals in the Community. A goal means to want something and to be willing to work hard for it. Students and families should remember to bow and say the monthly theme before entering or leaving the classroom area.

Happy Birthday!

Nitin Agarwal	10/02
Patrick Kaczmarek	10/08
Tyler Brickley	10/10
Lucas Pieper	10/11
Kushal Joshi	10/14
Richa Patel	10/15
Jennifer Barnickel	10/24
Jacob Gladdis	10/26

Parent's Night Out

Friday, October 15

\$25 1st Child, \$15 2nd Child/Buddy

Halloween themed! Three hours of spooky fun, ghoulish games, activities and pizza. Join your favorite instructors from 6 - 9 P.M.

Find Us On Facebook!

Add us on Facebook for up to the minute announcements, events and photos. Search "ATA Martial Arts of Flemington."



Welcome New Taekwondo Students!

Sean	Tyler B.
Jacob	Joseph
Michelle	Georgia
Tyler L.	Liam
Isabella	Garrison

Upcoming New Jersey Regional Tournaments

November 21 New Brunswick, NJ Host: Master Karla Capobianco	February 26 Lincroft, NJ Host: Mr. John McInerney	April 30 Edison, NJ Host: Senior Master Raimondi
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ATA Martial Arts Member Benefits

Referral Awards

Refer a friend to ATA Martial Arts and earn fifty Karate Dollars can be used towards the purchase of new equipment, and testing fees.

Birthday Parties

Birthday parties are free! Parties are approximately two hours long and include taekwondo, leadership skills, safety and self-defense techniques, and games!

Raffles

Earn Taekwondo Tickets for coming to events and bringing your friends to class. At Graduation, cool prizes will be raffled off like video games and gift cards!