

Karate for Kids' Oath

“Sir:

Each Day I will live
By Honoring my Parents and Instructors,
Practicing to the best of my Abilities,
And by having Courtesy and Respect
For Everyone I meet.

...Sir”

Songahm Spirit of Taekwondo

“Sir:

I will practice in the Spirit of Taekwondo,
With Courtesy for Fellow Students,
Loyalty for my Instructor,
And Respect for my Juniors and Seniors,

...Sir!”

“Sir:

I shall live with Perseverance in the Spirit of Taekwondo
Having Honor with Others,
Integrity within myself,
And Self Control in my Actions,

...Sir!”